

Centering student voice and experience to bring ritual into the classroom

Aim: Students will develop concrete ideas for connecting the essence of family rituals to their classroom process.

Sequence of Activities:

I. Warm-Up Activity – Fruit Salad (adapted for cultural responsiveness):

- A. Participants start in a circle sat on chairs, with one student in the middle without a chair. The participant in the middle says, "Hi my name is...and something you don't know about me is _____". If this is also true for any participants sitting in the chairs they must get up and switch to a new chair, whilst the person in the middle also tries to find a chair.
- B. The person left in the middle now introduces themselves in the same manner, "Hi my name is and something you don't know about me is _____" and the game continues as such.
- C. Encourage participants to share things they are comfortable with sharing with the group that they may possibly have in common with others!

II. Main Activity:

- A. Write your favorite family ritual on an index card. Each ritual should be explained in three sentences. (Example- Corned Beef and Cabbage on St. Patrick's Day, 4th of July BBQ Block Party, climbing your favorite tree, etc)
- B. In small groups, participants will share one of their index cards.
- C. Groups will create one classroom ritual that combines the concepts in family rituals into the classroom.

IV. Share Out

- A. Each small group will present and teach their ritual to the entire group
- B. Rituals can be kept for reference in the classroom and used throughout the year